



## Indulge yourself at the May SAHS meeting!

**Spa-mania** is happening all over the country. More people than ever before are indulging in massages, facials, pedicures, herbal wraps, and more.



**The May 10th meeting of the San Antonio Herb Society** will explore the Spa phenomenon, and **you** are invited!

Representatives from the following companies will present a panel discussion on this exploding movement towards physical and mental well being, and the role Herbs are playing in the products that are used.



☞ **Aveda Institute:** an organically-based center for beauty and personal care offering spa-related training at its facility in the Pearl Brewery complex near downtown San Antonio

☞ **Florame Aromatherapie:** French supplier of certified organic essential oils, massage oils, carrier oils, home fragrances, soaps, hand creams, face creams, candles, diffusers, shower oils, body lotions, floral waters, bath oils and many other organic aromatherapy products.

☞ **Fredericksburg Herb Farm:** in addition to plants, they specialize in herb-related products and an on-site spa

☞ **Watermark Hotel and Spa:** representative of the growing movement of hotels in offering luxurious spa services to their guests

*Our Moderator is Linda Goldfarb, certified physical fitness specialist, speaker, columnist and radio personality. There will be exhibits to browse with product displays, experienced consultants, and current spa literature. We invite you (and your friends) to join us for one of our most exciting meetings .*



**The program will begin at 7:00 (with refreshments served beginning at 6:30) at the San Antonio Garden Center, corner of Funston and N. New Braunfels. The meeting is free and open to the Public.**

For more information, check out our web site at [www.sanantonioherbs.org](http://www.sanantonioherbs.org)