

La Yerba Buena

THE NEWSLETTER OF THE SAN ANTONIO HERB SOCIETY

NUMBER 188, NOVEMBER 2005

Annual Member's Market on November 10th

Our annual Member's Market will begin at 6:30 p.m. on Thursday, November 10th, and continue through 9:00 p.m. This will be a showcase of handcrafted herb and garden related crafts that will include aromatics, teas, culinary delights, & decorations. Also find baskets, books, SAHS Vol. II Cookbook, herb calendars, collectables, handbags, jewelry, knitted, quilted, and finely sewn linens, T-shirts, info on pet sitting services, and more. There will be scheduled demonstrations at booths throughout the evening. Come learn how to use medicinal teas for good health, make herbal swags, decorate baskets, make Irish knits, get help with your pet while you are away, and more. Refreshments will be served, including samples from the San Antonio Herb Society Cookbook Volume II. You'll be able to visit with members at their tables and get information on growing and using the helpful herbs in the San Antonio area. The meeting takes place at the San Antonio Garden Center at the corner of Funston and N. New Braunfels. Come for holiday gift & entertainment shopping, it will be an interesting and fun evening, hope to see you there! For additional information visit our website at www.sanantonioherbs.org or call the SAHS Hotline at 641-8166 and follow the instructions to leave a message, an officer will return your

November Refreshments

When we host our member's market, we ask **all members** to bring "finger food" refreshments to the meeting (nothing too gooey or messy please). This year we would like to focus on recipes from our SAHS Cookbook Volume II to assist with sales. However, other homemade goodies are always welcome. If you don't have time to make anything, we can always use purchased dips or spreads with crackers or bread, veggies, fruit, or cheese. Please bring toothpicks, if needed for your refreshment. Beverages will be provided by hospitality committee. Please try to arrive by 6:30 p.m. and give a copy of your recipe for the newsletter to Syeira Budd or email to syeiraq@yahoo.com (if it is not in the cookbook).

Tussie-Mussies

Tussie-mussies to **Diane Lewis**, our chairperson for the SAHS table at the Herb Market. Diane did an amazing job coordinating our volunteers and creating a wonderful SAHS table!

Inside this issue:

Holiday Potluck Banquet	2	Event Reports	5
Upcoming Events & News	2	Treasurer's Report	6
October Meeting Minutes	3	Membership Renewal Form	7

Welcome New Members!

A big welcome from all of us to the following members who recently joined SAHS:

Jean Bible
Janet N. Craig
Jennifer J. Dacus
Renna Dacus
Martha Hernandez
Johnnie Hill (RE/MAX North - San Antonio)
Sally Ann Hnatiuk
Barry & Kim A. Krost (Integrative Healing Institute)
Sandra Lauterbach
Linda Longo
Sara Lopez
Edith McNeal
Sylvia Millette
Norma Murphy
Linda Nairn
Cindy Offutt
Dan St. Romain
Cathy Stein
Joann (Jody) Summers
Shawna Wimpy
Joshua Witten

Thanks to all of the SAHS volunteers at the Herb Market who signed up 19 new members!

November Board Meeting

This month's board meeting will be held on November 17 at Syeira Budd's home. If you would like to add anything to the November agenda, please contact Jane McDaniel in advance at janesirish@earthlink.net or 930-1026.

Holiday Potluck Banquet

Our holiday banquet will be a lovely evening filled with music, beautiful atmosphere, great food, and fellowship. We will have our traditional gift exchange. Members who choose to participate should bring a wrapped herb-related gift, purchased or handmade, but please don't spend over \$10. The gifts can be anonymous, or you can attach your name if you like.

Several of our members have volunteered to provide succulent baked breast of turkey for our main entrée. Water and tea will be provided, & you may bring wine. Members are asked to bring a potluck dish according to the assignments below. Please increase your recipe to serve at least 12 people, since 80 people will want a taste of it. Type up a copy of your recipe and bring it with the dish or email recipe to syeiraq@yahoo.com, these will be shared in our newsletter. Include your name and the source of the recipe if appropriate.

If you are not a cook or too busy to cook, please go to the store, pick up a prepared raw vegetable, fruit, or cheese plate, or other prepared item and bring that to the banquet. Nobody will think less of you for it!

If your last name begins with:

A - D: Salad (green, fruit, pasta, or potato)

E - H: Dessert

I - P: Appetizers (hors d'oeuvres, dips, cheese, crackers)

Q - Z: Side Dish (casseroles, vegetables, rice, beans)

Please note: The holiday banquet is for our members and significant others only, so please leave the youngsters at home. Also, while selling of items is encouraged at most meetings, it is not allowed at the banquet. We will have some "Herb Calendars" for sale if you missed getting yours in November at our Member's Market.

2006 Membership Renewal

Make sure to renew your membership for 2006 by completing the form on page 7 and submitting your payment at this month's meeting or dropping it in the mail. You won't want to miss out on the interesting programs being planned for next year! Some of the programs lined up so far are: Herbal Vinegars with Janet Miller (January); Spring Gardening in South Texas with Calvin Finch (February); Cooking with Chef Robert Riddle (March); and our usual banquets, field trips, and much more.

January 2006 Program

Janet Miller, Master Gardener and past President of the San Antonio Herb Society, will present "Herbal Vinegars" at our meeting on January 12th. Herbal vinegars are a great way to preserve your herbs. Find out what herbs to plant this spring to have a bountiful harvest to use in herbal vinegars for gifts & great cuisine.

January Home Show Event

SAHS will have a booth at the Show Technology 4th Annual San Antonio Home & Landscape Show at the Henry B. Gonzalez Convention Center, Friday - Sunday, January 6th - 8th. Those who took part last year had lots of fun and signed up many new SAHS members. We will sell our cookbook and other products to raise funds. There will be lovely gardening displays and gardening related speakers, including HGTV's Paul James and others, with an emphasis on organics. Our member, Diane Lewis, will speak on "Herbal Quick Tips". Additional volunteers are needed to help with our booth. Volunteers should call Diane Lewis at (210) 495-6116 or look for the sign up sheet at the November 10th meeting. There are volunteer opportunities on all three days.

Member News

Bertha Meier report that her husband, Virgil Meier, longtime SAHS member, former bee keeper and gardener extraordinaire, is in the hospital. Please keep Virgil in your thoughts. We wish him a very speedy recovery.

Advertise in La Yerba Buena!

Do you have a special skill that you'd like the public to know about? Do you represent a good product and would like everyone to know that? La Yerba Buena will be accepting texts from members and their spouses/partners advertising professional, technical skills or specific products or items which are available for sale. This would be in a form similar to the Classifieds Ads in the SA Express-News. It will cost a minimal amount - \$12 per year for a small, two- to three-liner, and \$24 per year for a four- to eight-liner text. It is planned to include the texts in each monthly issue of La Yerba Buena. So, if you want to get the word out, increase your business, or just make some room in your garage by clearing some of that stuff you've been saving forever, avail of this excellent opportunity!

Short Note from your President

In reading through the account of the October General meeting you will see that we had a very lively discussion on the pros and cons of the proposed application for non-profit status. Aply aided by Richard Alvarado of the San Antonio Not For Profit Resource Center, the SAHS members present at the meeting discussed, and discussed, and....

Although participation by a number of those present was lively, the discussion would have been, in my opinion, more encompassing if a larger number of members had been present. I regret to report that only 25 members of SAHS attended this important meeting. It was agreed to send the issue to committee, primarily to see if our mission statement should reflect in more detail the proposed amendment. This committee, of SAHS members and spearheaded by Cyd Hughes, will present its report to the SAHS Board within two months. We are a long way, yet, from becoming a non-profit organization. Rest assured, that your Board will not attempt any backdoor moves, nor try to push this proposed application through at all costs. Our aim, as ever, is to benefit the San Antonio Herb Society.

Jane McDaniel

Minutes from the SAHS Meeting on October 20, 2005

The October meeting was called to order at 7:00 p.m. by Jane McDaniel. Approximately 20 to 25 members were in attendance. Announcements included: Diane Lewis reported on the 2005 Herb Market that was held Oct. 15th. The Society gained 19 new members, sold 27 cookbooks, 32 oregano books, and made a profit of about \$1,000.

There was an appeal for volunteers for Founder's Day at San Pedro Park on Oct. 22nd.

The agenda was to include a question and answer period with our guest speaker, followed by a vote to change the Constitution. The guest speaker, Richard Alvarado from the SA Non-Profit Resource Center, was introduced and he briefly explained various points regarding a 501-C3, public charity status, the process of applying for articles of incorporation, IRS applications, 990Z forms, and tax exemptions.

After questions from the membership began, it became apparent that his "role had switched to that of a facilitator", as Mr. Alvarado put it. The dialogue turned to whether the Constitutional changes are necessary and to whether there is a majority who feels the Society should be more service oriented and apply for grants to do community projects. Mr. Alvarado suggested a committee to explore these issues. Cyd Hughes, Joe-Beth Kirkpatrick, Rebecca Kary, and Veronica Gard agreed to be members of this discussion. The Constitutional amendments and changes were not put to a vote at this meeting.

After Mr. Alvarado (who did not take the speaker's fee offered to him) left, there were more announcements: A field trip to Becker's Vineyard in the week of Nov. 14th is being put together by Veronica Gard. A sign-up was circulated.

Adrienne Hacker reminded everyone of the Habitat for Humanity Palo Alto project beginning on Nov. 5th, and the proper shoe/clothing requirements for volunteers. Sign up to decorate tables at the Christmas Banquet. Reminder of the Craft Market at our next meeting on Nov. 10th. Sign up if interested in participating. Member Sheila Mangra showed us a Hibiscus sabdariffa, also known as Jamaica tea plant, that she grew from seed she gathered from the calyx of the plant. The meeting adjourned at about 8:30 pm.

Submitted by Jamie J Gonzalez, Secretary.

November To-Do List

by Brian Townsend

1st Week:

- Divide irises and day lilies now. Replant the rhizomes and bulbs in full sun in compost-enriched soil.
 - Slugs and snails are feasting on pansies, bluebonnets and other plants. Apply slug and snail bait or put out beer traps to slow them. The bait also will control pill bugs.
 - Leaves are too valuable to put in the garbage. Mow them and let the material decompose on the lawn. It also makes good mulch or compost.
 - Seed nasturtiums, sweet peas, radishes, carrots, rutabagas, English peas, sugar snap peas, onions, collards and spinach to supplement cole crop transplants in the winter garden.
 - Plant petunias and stock now so they can develop before winter cold.
 - Set out alyssum, asters, snapdragons, calendulas and stock for winter color in your yard.
- Harvest pecans as they fall to the ground to maintain nut quality.
- Enjoy the bright flowers of salvias, Cape honeysuckle, firebush, firespike, esperanza and poinciana, which will bloom until the first serious cold wave.
 - Start collecting seeds of your favorite plants now. Baby food jars make great storage containers. Label the jar with the plant name and the date you collected the seeds.

2nd Week:

- If you want to save caladium tubers, dig them up and let them dry for 10 days. Remove the dirt and leaves, then pack them in peat moss so they don't touch each other. Dust with a fungicide and store where temps. stay above 50 degrees.
- Prepare flower beds and plant pansies where they will get at least 4 hrs. of sun per day. Still time to plant hardy annuals like violas and snap dragons for winter and early spring color. Plant in a bed with good soil and lots of organic matter and add blood meal for an extra boost. Most need sunny sites.
- Plant daffodils, irises and day lilies now.
- Make sure short-day bloomers (Poinsettia, Christmas Cactus and Kalanchoe) are not exposed to artificial light at night.
- Prepare beds for spring bulbs. Bulbs need well-drained soil and plenty of organic matter. Wait until December or January to plant bulbs.

- Harvest cold-sensitive herbs. You can dry or freeze them for later use.
- Mulch planting beds. this will dress up the beds for winter and help protect plants from fluctuating temperatures.

3rd Week:

- Have plastic, blankets (do not lay plastic directly against plants) and a mechanic's light (with a 60 to 100W. bulb for heat) ready to protect citrus, tomatoes and other cold-sensitive plants (keep in mind, 40 is near freezing to some plants). Our first freeze usually arrives in late November, with the actual freeze typically coming on the following night after a sever cold front arrives. - me
- Finish winterizing your landscape, Remember to water broad-leaved evergreen shrubs and St. Augustine grass every two weeks during winter and especially when forecast calls for temperatures below 24 degrees.
- If you want to protect the stem of your banana tree during winter to increase the chances of having fruit next summer. First, cut the stalk to 4 ft., wrap the stalk with newspaper and secure it with duct tape. Then, put a wire cage (a tomato cage will work) around the stalk and stuff it full of leaves. That will provide insulation to protect the blooms that developing in the stalk.
- Check all (plant) containers for proper drainage and condition of plant (worn-out soil, root-bound, poor quality potting soil, etc.) for winter storage. Repotting to a larger container, or with a high quality potting soil, or cutting off an inch around the root ball so you can add more potting soil.
- Papayas are not cold-hardy. Be prepared to harvest the fruit when temperatures below 36 degrees are forecast.
- Paint all wounds on oak trees to prevent the spread of oak wilt.
- Sow wildflower seeds. Bluebonnet transplants are available at area nurseries. Plant them 2 ft. apart, water them once and apply snail bait. They won't grow much until March. Be careful not to overwater. Plant pansies between them for color until April.
- If you want a challenge, plant sweet peas on a trellis. The color and fragrance are unmatched if the plants do not freeze or get too hot.

• This is a good time to build a compost bin. Leaves can be raked and composted and ready for spring gardening.

4th Week:

- Plant spinach transplants for a nutritious, attractive vegetable that can be harvested all winter.
 - If deer visit your garden, but you still want winter and early spring color, plant flowering kale, ornamental cabbage, snapdragons and bluebonnets. The deer don't seem to find them as tasty as other plants. Be careful of rutting deer, they have been known to attack people and pets.
- Plant any remaining wildflower seed you have.
- There is still time to plant pansies, violas (Johnny jump-ups), flowering cabbage and flowering kale.
 - Mulch begonias, plumbago and firecracker bushes well.
 - Tomatoes, peppers, okra, beans, and Southern peas will continue producing as long as warm weather prevails.
 - Buying a cut Christmas tree? Saw off the bottom 2 inches and place in 4 to 5 " of (sugar) water overnight or long enough for the tree to absorb the liquid. Spray with an anti-transpirant.
 - Choose yaupon holly trees now if you want female plants that produce berries. Selecting now while the berries are showy is a sure way to get ones that you want.

In Our Herb Garden:

- If above average temperatures prevail, wait until after Nov. 15 to plant cool-weather plants such as pansies.
- Fall fertilizing is even more important than spring. Use a fast release 3-1-2 fertilizer - don't use anything high in nitrogen.
- Complete harvesting of cold sensitive herbs and apply compost as winter mulch if not done in Oct. Mature herb plants will be high in essential oils and this is a good time to preserve them.

Thanks to Brian Townsend for this monthly article. Brian has culled this information from the wisdom of a number of local and regional gardening experts, plus our own *HERBS: A Resource Guide for San Antonio*.

2005 Herb Market Report

Thanks to our great volunteers, the 2005 Herb Market was a great success! Our proceeds exceeded \$1000 after expenses. We signed 18 new single members and 1 new business member. We want to thank the members who staffed the three booths and those that prepared the delightful samples to help us sell 27 cookbooks, 32 oregano booklets, & more. There were cheddar cheese scones, ranch dill dip in a decorated pumpkin, white bean hummus, parmesan herb muffins, pineapple rosemary muffins, lemon & oregano spritz cookies, lemon verbena cake, lemon tea bread, banana bread, and more. Many thanks to Mary Andersen, Jackie Compere, BJ DePhillips, Joyce Efron, Amy Estess, Mary Lee Estess, Jamie Jarosek Gonzalez, Jan Jarosek, Barbara Hauck, Cynthia Hodas, Yoli Huron, Rosemary Kotrich, Sondra Laxson, Beverly Lejeski, Mary Ellen McCormick, Elvia Ripley, Kathryn Seipp, Kate Smith, Betty Tarver, and Patty Wilson. Special thanks to Adrienne Hacker who helped with set up & closing, brought food, and worked 2 shifts. Special thanks to Anne Morris for excellent event publicity, Lyn Belisle for designing the SAHS flyer, Mary Dunford for loaning plants for display, and Jane McDaniel for gathering supplies. Extra special thanks to Joe-Beth Kirkpatrick who created and printed the oregano booklet, brought food, worked all day in the booth, & closed. All were necessary to the success of this event and I appreciate your help and support more than you could know.

Diane Lewis, Herb Market Chairperson for SAHS

Founder's Day Report

Many thanks to those who helped with our booth at Founder's Day on Oct 22nd. Volunteers included Adrienne Hacker, Darla Cox, Mary Lee Estes, and Gilma Alverson. They sold our products and a number of people took membership applications. They had fun and met many interesting people from the many ethnic backgrounds represented at the fair. I appreciate each volunteer so much, they are so important to the growth of our organization and they represent the San Antonio Herb Society in grand style! Thanks again.

Diane Lewis, SAHS Booth Chairperson - Founder's Day

SAHS Treasurer's Report October 2005

Submitted by Karen Cabral, Treasurer

09/30/05 Beginning Balance			\$3,808.03
INCOME			
Membership		\$320.00	
Herb Market		\$911.00	
EXPENSES			
Garden Center Rent	\$85.00		
Garden Center Personnel	\$25.00		
Speaker Honorarium	\$50.00		
Newsletter - Printing	\$121.10		
Newsletter - Postage	\$61.83		
Newsletter - Paper	\$36.16		
Admin. Costs - Voice Mail	\$22.78		
Admin. Costs - P.O. Box	\$68.00		
Admin. Costs - Membership Prizes	\$11.25		
Admin. Costs - Name Tags	\$8.10		
Admin. Costs - Film Development	\$7.62		
Admin. Costs - Postage	\$14.80		
Event Costs - Plants for Herb Market	\$73.59		
TOTALS	\$557.18	\$1231.00	
10/31/05 Ending Balance			\$4,481.85
OTHER ITEMS			
Petty Cash - President's Acct			\$50.00
Petty Cash - Sales Acct			\$32.00
Regular Savings			\$1,001.35
2-Year Certificate of Deposit			\$1,000.00
10/31/05 TOTAL ASSETS			\$6,565.20

December Newsletter Deadline

All members are invited to share news, ideas, recipes, remedies, or stories in our monthly newsletter. Email your December newsletter submissions to Syeira Budd at syeiraq@yahoo.com by Saturday, December 17th.

OFFICERS & CONTACTS

JANE McDANIEL - PRESIDENT
(930-1026, JANESIRISH@EARTHLINK.NET)

DIANE LEWIS - VICE-PRESIDENT, PROGRAMS
(495-6116, LEWISDR@SWBELL.NET)

SYEIRA BUDD - VICE-PRESIDENT, MEMBERSHIP & NEWSLETTER
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JAMIE JAROSEK GONZALEZ - SECRETARY
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BRIAN TOWNSEND - HISTORIAN
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YOLI HURON - BOARD MEMBER-AT-LARGE
(735-9053, HEALTH4EVER@BARLEYBABY.COM)

VERONICA GARD - BOARD MEMBER-AT-LARGE
(499-4118, VGARDSHAZAM@YAHOO.COM)

PATTY WILSON - T-SHIRTS & RECIPE BOOKS
(647-0838, DWILSON@SATX.RR.COM)

CINDY BROWN & ADRIENNE HACKER - HOSPITALITY COMMITTEE

SIG LEADERS

AROMATHERAPY SIG
LYN BELISLE (826-6860)

LOTIONS & POTIONS SIG
JACKIE COMPERE (491-0163)

MAD HATTERS SIG
BARBARA PETERS (930-1337)

MEDICINAL SIG
CAROL-LEE FISHER (681-6815)

COOKING SIG
CAROL-LEE FISHER (681-6815)

HERBAL MEDICINE CABINET SIG
JEAN DUKES (566-4379)

Disclaimer: *The information in this newsletter is for educational purposes only. It is not intended to diagnose, treat, or replace the advice of a health professional.*



San Antonio Herb Society Membership Application/Renewal January – December 2006



- New Member - How did you hear about us? Newspaper Radio Television Flier
 Referred by: _____
 Other: _____

Renewal - Member since: _____

Membership Category: Single (\$20) Dual (\$30) Business (\$40)
 (Make check payable to San Antonio Herb Society and mail with application to PO Box 100806, San Antonio, TX 78201)

Name: _____ Phone: _____
 Street: _____ Fax: _____
 City: _____ Zip: _____ Email: _____
 Occupation: _____ Is this a new address? Yes No

PLEASE INDICATE YOUR INTEREST IN THE FOLLOWING

TOPICS FOR FUTURE PROGRAMS:

- | | |
|--|---|
| <input type="checkbox"/> Gardening tips (soil preparation, irrigation, etc.) | <input type="checkbox"/> Medicinal uses, sources |
| <input type="checkbox"/> Propagation tips (seeds, rooting cuttings, etc.) | <input type="checkbox"/> Aromatherapy |
| <input type="checkbox"/> Container gardening | <input type="checkbox"/> Historical gardens, historical uses |
| <input type="checkbox"/> Specialty gardens | <input type="checkbox"/> Making vinegars or oils |
| <input type="checkbox"/> Scented geraniums | <input type="checkbox"/> Fantasy gardens (fairy gardens, etc.) |
| <input type="checkbox"/> Craft how-to's, demonstrations | <input type="checkbox"/> Members' Market (make & sell hand-crafted items for your own profit) |
| <input type="checkbox"/> Cooking and meals | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Harvesting, drying, storing | |

FIELD TRIPS:

- | | |
|--|--|
| <input type="checkbox"/> Festival Hill, Round Top | <input type="checkbox"/> Wildflower Center in Austin |
| <input type="checkbox"/> Botanicas | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Herb Festivals in nearby cities | |

Which do you prefer? Weekdays Weekends Are you willing to be a driver? Yes No

SPECIAL INTEREST GROUPS:

- | | |
|--|--|
| <input type="checkbox"/> Cooking SIG (potlucks & socializing) | <input type="checkbox"/> Garden Design SIG |
| <input type="checkbox"/> Gourmet SIG (visits to local restaurants) | <input type="checkbox"/> Aromatherapy SIG |
| <input type="checkbox"/> Lotions & Potions SIG & Herbal Scouts SIG (making herbal household items) | <input type="checkbox"/> Mad Hatter's SIG (formal tea parties) |
| <input type="checkbox"/> Vegetarian SIG | <input type="checkbox"/> Herbal Crafts SIG |
| | <input type="checkbox"/> Medicinal SIG |

VOLUNTEER OPPORTUNITIES:

- Banquet Committee (help arrange the May or December Herbal Banquets)
 - Hospitality Committee (decorate refreshment table, make tea, etc.)
 - Greeter (greet people at the door at each meeting)
 - Organization Committees for Viva! Botanica and/or Herb Market
 - Work in booth at: Viva! Botanica (April) Herb Market (October)
 - Serve on committee for revision of *Resource Guide* and/or cookbook
 - Serve as club officer on Board of Directors
 - Contribute articles to the newsletter
 - Be a speaker at one of our meetings on an area of your expertise. Your topic: _____
 - Work at Habitat for Humanity landscaping days
 - Upkeep of the Herb Garden at the San Antonio Botanical Garden
- What other gardening organizations do you belong to? _____

Business Members

We thank our Business Members for their support. When you patronize their businesses, be sure to mention that you are a member of the SAHS.

**New Business Member*

Jean Dukes, RN, **Ten Days Health Ministry**
 102 Firesage, Universal City, TX 78148
 (210) 566-4379
 10days@earthlink.net

Mary Dunford, **Nature's Herb Farm**
 7193 Old Talley Rd, #7, San Antonio, TX 78253
 (210) 688-9421

*Johnnie Hill, **RE/MAX North - San Antonio**
 21720 Hardy Oak, #112, San Antonio, TX 78258
 (210) 867-2820
 hillteam@satx.rr.com

*Barry & Kim A. Krost, **Integrative Healing Institute**
 7979 Broadway, Suite 107, San Antonio, TX 78209
 (210) 829-1106
 naturalreflexes@aol.com

Diane R. Lewis, **Longaberger Baskets & Pottery**
 24 Silverhorn Drive, San Antonio, TX 78216
 (210) 495-6116
 lewisdr@swbell.net, www.longaberger.com/DianeLewis

Greg Perkins, **In Home Senior Care**
 5805 Callaghan Rd #205, San Antonio, TX 78232
 (210) 256-2273

William Vernon Scott, **South Texas Yerbero**
 P.O. Box 60761, San Angelo, TX 76904
 (210) 394-4320
 tejasyerbero@yahoo.com

Sil & Yoli Huron, **YoSi Sales & Service and Health by Choice**
 (210) 735-9053
 health4ever@barleybaby.com, www.barleybaby.com

Nick & Leslie Vann, **Nematode Nick's (Natural Landscape Treatment)**
 (210) 667-1500
 nematodenick01@cs.com
Use your SAHS membership discount card for a 10% discount!

San Antonio Herb Society Mission Statement

The San Antonio Herb Society is organized to bring together those who are interested in growing, using, and promoting general knowledge of herbs to the membership, and the public at large. This includes volunteer participation in public service projects such as Habitat for Humanity and the Herb Garden at the San Antonio Botanical Garden.

The San Antonio Herb Society
 P.O. Box 100806
 San Antonio, TX 78201
 Phone: (210) 641-8166
 Website: www.sanantonioherbs.org