



# La Yerba Buena

THE NEWSLETTER OF THE SAN ANTONIO HERB SOCIETY

NUMBER 226, January 2009

**The San Antonio Herb Society is organized to bring together those who are interested in using, growing and to promoting general knowledge of herbs to the membership and the public at large.**



**Program Thursday, January 8, 2009**

## BUGS!

Bugs! Bugs! Bugs! The good, the bad, and the ugly! Join us in January as Molly Keck leads a discussion on insects in the garden. We will learn how to manage the beneficial ones and how to recognize those that are not.

Molly Keck is a San Antonio native. She received her bachelor's degree in biology and her master's degree in entomology - both from Texas A&M. Upon graduation, Molly started working for Texas AgriLife Extension Service in Bexar County. Molly says, "I consider myself very lucky to be able to come back home and do what I enjoy! With Extension, I do various educational programs on insects and pest management and also do a good deal of research. I don't really have any hobbies right now. My 16-month-old girl takes up most of my free time, but we still find some time to go out in the yard and collect insects together."

January holds another treat. We will have several guests in the audience as SAHS hosts the San Antonio Men's Garden Club. And just to get you ready for your spring garden, the Men's Garden Club will have plants available for us to purchase. So bring your checkbook - and join us for Plants & Bugs!

Hospitality begins at 6:30 pm (names beginning A-D bring a savory snack and its recipe), the meeting at 7 pm, concluding at 9 pm.

We're at the San Antonio Garden Center, located on the corner of Funston and N. New Braunfels. For more information, check out our website at [www.sanantonioherbs.org](http://www.sanantonioherbs.org)



Bay Laurel (*Laurus nobilis*) is the 2009 Herb of the Year.

Renew your membership today! Forms available online or by calling our membership chair.



City of San Antonio, Texas  
hereby presents its Official Congratulations to the  
**San Antonio Herb Society**  
in recognition of your **25th Anniversary** celebration.  
Your dedication to sharing  
herb planting, growing and harvesting knowledge is  
worthy of acknowledgement and praise.  
The members of the City Council of the City of San Antonio  
extend their sincere congratulations as you celebrate this  
milestone and offer best wishes for many years of success.  
Presented this 11th day of December 2008.  
*Signed Phil Hardberger, Mayor*

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**Be sure to view the unabridged version of this newsletter @ [www.sanantonioherbs.org](http://www.sanantonioherbs.org)**  
If you would like to receive the SAHS newsletter electronically, please contact Lyn: [belisle@satx.rr.com](mailto:belisle@satx.rr.com)

## Member Recipes

*ed note: If you bring a dish, be sure you provide a Board member with its recipe. We had some fabulous stuff at the banquet that we can't share for lack of printed recipes!!*

### Cheddar Horseradish Spread

*submitted by Karen Cabral*

- 2 C coarsely grated extra-sharp white Cheddar
- 1 1/2 C finely chopped radish (1/2 lb)
- 1/3 C mayonnaise
- 2 T drained bottled horseradish
- 2 T finely chipped parsley
- 2 t Dijon mustard



Stir together all ingredients with 1/4 tsp each of salt and pepper.

Accompaniment: celery sticks, crackers or crusty bread.  
Makes about 2 cups

### Roasted Red Pepper Dip

*submitted by Eileen Achorn*

- 2 large red peppers - roasted, peeled and seeded - dried with paper towels to remove moisture
- 4 oz. sun-dried tomatoes (in oil or reconstituted with boiling water)
- 2 cloves garlic
- 2 tsp cumin
- 1 - 2 jalapeno peppers, coarsely chopped
- 1/4 C fresh cilantro, chopped
- 1 bunch green onions, whites only
- 6 oz. cream cheese, softened
- 1/2 tsp salt



Process the dried-off peppers, tomatoes, garlic, cumin, 1 jalapeno, cilantro, green onions, cream cheese and salt until smooth.

Correct seasonings and add more jalapeno if desired.  
Serve with tortilla chips.

Yield: 1 1/2 cups.

(May substitute a 4 oz jar of roasted red peppers for the fresh peppers.)

### Polvorones (Mexican Wedding Cakes)

*submitted by Eileen Achorn*

Cream until light and fluffy:

- 1 c butter, softened
- 1 tsp vanilla

Mix in:

- 2 cups flour
- 1/4 tsp salt

Add

- 1 c finely chopped pecans



Shape into 1" balls. Place on ungreased cookie sheets and flatten the balls slightly. Bake at 350 degrees for 25 to 30 minutes - rotating the sheets front to back and top to bottom shelf half way through. Cool slightly then roll in confectioner's sugar. Makes about 3 dozen.

### Hospitality Table Schedule:

January: A-D  
February: E-M  
March: N-S  
April: T-Z

### Black-Eyed Pea & Corn Salad

*submitted by Joe-Beth Kirkpatrick*

- 1 1/2 C black-eyed peas
- 1 1/2 C whole kernel corn (canned or frozen)
- 1 red bell pepper, diced
- 2 cloves garlic, peeled & minced
- 1/2 C fresh cilantro leaves, chopped & loosely packed
- 1/2 C scallions, chopped
- 6 T light olive oil
- 6 T lime juice
- 1 1/2 tsp cumin
- 1/2 tsp each salt & pepper
- Tortilla chips or crackers



Place frozen corn in colander. Add peas and rinse until corn begins to defrost. Drain well. Place in a large mixing bowl with red bell pepper, garlic, cilantro and scallions.

In a separate bowl, whisk together the olive oil, lime juice, cumin, salt and pepper. Pour this over the vegetables and gently toss.

Let sit for a couple of hours to allow flavors to mingle & mellow. Garnish with fresh cilantro sprigs and serve.

## Report on the December Banquet

WOW! What a great time we had!

Although not all the tables were filled with people, the room was definitely filled with good friends. Nine tables were decorated in such a wonderful variety that we can only exclaim over the creativity inherent within the SAHS. With the Society providing the meat trays & beverages, and the membership providing everything else, we had a veritable feast. No one can say we don't eat well!



We Received a proclamation from the Mayor's office congratulating the Society for the successful years and wishing us all the best for our future. See the text on page 1.

We toasted! And Eileen said it well:

"To us,  
To friends,  
To herbs,  
To 25 more years."

Jane chimed in "to food".

We told a few stories. One person from each table (they picked a representative each) stood and briefly offered up what they had found the most memorable and rewarding from their membership in the SAHS. Those stories are presented on page 7.

The Board had decided back in the summer that the decoration theme for this banquet would be an expression of our Silver Anniversary. Each table host volunteer was given a white table cover, a square piece of silver lame, a small mirror and a silver candle with the admonition that all the items must be used as part of the table decorations.

Our table hosts must have had some great fun deciding what to do with the requirements AND to create a unique expres-

sion of the anniversary. At the banquet, each table host was asked to give us a description with the following being just that.

*Ed. Note: all descriptions are as provided the evening of the banquet. If I have misinterpreted your handwritten notes, please provide corrections for the next newsletter.*

Table 1

Marguerite Hartill

The table w/o any diners. boo hoo !

I pulled out my Christmas decorations.

Rich spray-painted everything silver and voilà, we had a beautiful table!



Table 2

Diane Lewis

Clove stuffed oranges & tangerines, cranberries, sweet bay leaves, rosemary and Russian oregano bring us the sights & scents of the holiday season & celebrate the 25<sup>th</sup> anniversary of the San Antonio Herb Society. Each guest takes home a pomander & chocolates.



Table 6 1<sup>st</sup> prize

Sheila Mangra, Rosemary Michel, Adrienne Hacker (not shown).

Earthy/Nature: The table represents the lovely herb garden made simply w/ seeds, recyclables and love. In memory of Marcy and the wonderful time we had in her garden.

Table 7

Children's Table for Peace on Earth by Frankie Campbell.

Table 8

This master table is the product of Gilma & Rosa. Adorning each chair is a hand-drawn "herb" by Rosa. The place-settings highlight the 25<sup>th</sup> w/ a rosemary accent. A circle of candles reflect the warmth of natural herbs. At the center is an heirloom of Gilma's – 250 year old sterling vase from her grandmother. In addition, the other silver accents are passed from generation to generation from Peru, Gilma & Rosa's native country.

Table 10

Evelyn Penrod, Kathy Heikes, Sally Ann Hnaituk (in absentia)

Theme is celebrating 25 years



Mostly we just enjoy the conversations like this between Frankie & Carol-lee.

Table 3 prize

"Angels We Have Herbs on High" Mary Anderson and Rosemary Kotrich have featured angels and herbs on a high platform in silver and blue. Accents include poinsettia pens, music to "Angels We Have Heard on High" and information about



each live herb so prominently displayed. Candles, ornaments & mirrors complete the festive display of "Angels We Have Herbs on High." Happy 25<sup>th</sup> Anniversary SA Herb Society.

*Ed. Note: the lyrics to the lovely carol sang by the diners at this table are available on the SAHS web site.*

Table 4

Decreated/Created by Barbara Lee a winter wonderland laying to rest the herbs for spring rejuvenation when, as usual, we grow herbs together.

Table 5 prize

Jane McDaniel and Joe-Beth Kirkpatrick

"Reaching for New Heights" We brainstormed, we organized (and re-organized!). We realized that the SAHS is first in fun, first in forward environmental thinking, first in mutual support, first in SO many things AND we're getting better every day! Happy 25<sup>th</sup>! We're growing and going for the GOLD. Go SAHS!!



But then, it's also very fine to welcome our new members. Here's Rebecca with Jan Conwell (who also helped with the gift exchange table!)



## Over the Fence...



### 2009 Program Line-up

**February:** Greenhouses by Don Crites, M.G., greenhouse specialist. He'll talk about all kinds, from window boxes to full-blown.

### Herbal Note Cards Available Again.

\$5 gets a bundle of 5 cards & envelopes. See Don Crites.

### Habitat for Humanity volunteer group...

is on hold. Anyone desiring to fill this unofficial chair may call Rose Mary Michel for information. 210) 655-6281 or email [h.michel@sbcglobal.net](mailto:h.michel@sbcglobal.net)

### Storage for Society Assets and other Inventory

SAHS has rented a climate-controlled storage facility outside Loop410 on Broadway. We will be storing the extra cases of cookbooks, resource guides, parade & decoration supplies, tee shirts and aprons. Anyone requiring access to this facility please contact Eileen Achorn or Evelyn Penrod.

### The Board is looking for club inventory items

If you had possession of any of these items in the past few years, please give the attic another look-see. Or maybe under the bed, or the doghouse. We're missing the general banner, the President's gavel, chafing dishes and a wireless microphone set. We need a current inventory that can be posted with those items in the storage unit and kept by the Board.

### Herbal Booklet in the works (again!)

A new booklet for bay laurel (*Laurus nobilis*) is being created. Bay is the herb of the year for 2009. If you have a tested recipe or household or medicinal usage or other anecdote or bit of history featuring bay, please forward this to Joe-Beth BEFORE February 28, 2009.

### SIG Leaders, a request

Please provide a line or 2 about what your SIG's doing - the month before or next. The column is titled "SIG-nificant Events" (see page 7). Having this little bit of information may help newer members figure out some new SIGs!

### Newsletter Committee — a new SIG?

A few folks have contacted us expressing interest in helping out with the newsletter. Hey... we can have ourselves a *news-SIG* - how cool is that? Contact Joe-Beth.

### Audit Due this Spring

SAHS will welcome your recommendations for a qualified person to perform an audit of our finances. Forward these to Eileen Achorn or Don Crites. Contact info p. 5.

### Membership Dues Due by February 28.

If not received by 2/28/09, you will not receive a paper newsletter. Membership forms are available online or from Rebecca Kary. Contact info p. 5.

### Nominating Committee Forming in February

SAHS constitution requires us to form a nominating committee in February. This committee is tasked with assembling the next slate of officers keeping in mind the current purposes and long range goals of the Society. Contact Eileen if you'll consider being part of this committee and THANKS!

### Friends we'll miss:

Martin Peters, husband to Barbara Peters, a long time SAHS member, September 2008.

Nora McDaniel, Jane McDaniel's mother-in-law and "a good woman", December 2008.

Marcella Scaff, another long-time SAHS member, November 2008. Memorials may be made to the SA Botanical Gardens or to the American Cancer Society.

### Help San Antonio Build Parkland

City of San Antonio's web pages link to the Voelker Park page. This new parkland is still in the planning stages. Be a part of SA's park future and add your voice to the chorus for green space in this city.

The proposed parkland is about 311 acres along Wurzbach parkway between Blanco & NW Military. A public meeting is scheduled for Tuesday, January 13, 2009, Time: 7:00 p.m. at Oak Meadow Elementary School, 2800 Hunters Green.

For more information, go to

<http://voelckerparksa.com/home/>

### San Antonio Pet Ordinance Notes

Is Your Pet Current?

Effective January 1, 2008, micro chips will be the primary form of registration used to identify animals in the City of San Antonio. All animals will be required to wear a tag that properly displays the micro chip number (Section 5-103). Licensing will now be provided free of service to all animal owners whose pet's rabies shots are current. For more information, call 311 or visit the SA web pages at <http://www.sanantonio.gov/animalcare/>

### Old Farmer's Almanac Astronomy for the January

The year begins with a final glimpse of Jupiter, after sunset in the southwest, to the right of Mercury and just 8 degrees high. Venus blazes much higher up, with the crescent Moon higher still. Then each evening until the 8th, Mercury ascends higher while Jupiter sinks from view. The Full Wolf Moon is on the 10th. Saturn rises at around 9:30 P.M. midmonth. Find Venus above the Moon on the 29th, and below the Moon on the 30th. Earth reaches perihelion, its annual position closest to the Sun, on the 4th.



### February Newsletter Deadline

Is the Friday following the regular meeting.  
I.e., January 19th. Thanks!

### Interested in Carpooling to SAHS Meetings?

Contact Evelyn Penrod at  
[epenrod@gvtc.com](mailto:epenrod@gvtc.com) or 830-438-2290.

## Minutes to San Antonio Herb Society Meeting November 13, 2008

President Eileen Achorn called the meeting to order.  
All were welcomed.

The membership was reminded to vote on the table decorations and, if participating in the gift exchange, to get a ticket for that.

Acknowledgement went to *Luby's* at 1604 & Bandera for the great discount on the meat trays for the banquet tonight. (Paul McNair, mgr.)

A proclamation of congratulations from the City of San Antonio was read.

Several members earned their 10-year membership stars. Jinnie Perkins and Diane Lewis were present to accept theirs. Those not in attendance: Kay Allison, Basil & Mary Jo Aivaliotis, Marcia Bachle. Tom Collins, Mary Shelley, Fran Schinsky, Linda Tillerson.

Several members shared their memories of what they've found as part of membership in the SAHS.

Announcements and other business items were deferred.  
Adjourned at 8:45 pm

### January Green Facts

\*If all U.S. households installed water-efficient appliances, the country would save more than 3 trillion gallons of water and more than \$18 billion dollars per year! ([EPA, 2008](#))

\*If one out of every 100 American homes was retrofitted with water-efficient fixtures, we could save about 100 million kilowatt-hours of electricity per year — avoiding 80,000 tons of greenhouse gas emissions. The greenhouse gas savings would be equivalent to removing nearly 15,000 automobiles from the road for one year! ([EPA, 2008](#))

\*About 75 percent of the water we use in our homes is used in the bathroom. ([California Energy Commission, 2006](#))

\*If your toilet is from 1992 or earlier, you probably have an inefficient model that uses between 3.5 to 7 gallons per flush. Newer, high-efficiency toilets use less than 1.3 gallons per flush — that's at least 60 percent less water per flush! ([EPA, 2008](#))

\*If just 1 percent of American homes replaced an older toilet with a new WaterSense labeled toilet, the country would save more than 38 million kilowatt-hours of electricity — enough electricity to supply more than 43,000 households for one month. ([EPA, 2008](#))

\*The average bathroom faucet flows at a rate of two gallons per minute. Turning off the tap while brushing your teeth in the morning and at bedtime can save up to 8 gallons of water per day, which equals 240 gallons a month. ([EPA, 2008](#))

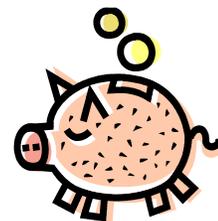
Source: <http://www.oberlin.edu/recycle/facts.html>



## Treasurer's Report / November 2008 Submitted by Don Crites

### Income

Membership Dues	\$80.00
Special Events	\$0.00
Nametags	\$0.00
T-Shirts, Aprons, Totes	\$0.00
Book Sales	
Cookbooks	\$40.00
Resource Guides	\$200.00
Booklets	\$6.00
Miscellaneous	\$0.00
Total Income	\$326.00



### Expenses

Newsletter	
Printing & Paper	\$0.00
Postage	(\$43.25)
Historian	\$0.00
SA Garden Center	
Leasing Fee	(\$85.00)
Attendant Fee	(\$36.00)
SA Botanical Society	
Hospitality	\$0.00
Nametags	(\$13.52)
Speaker Honorarium	\$0.00
Plants	
Special Events Fees	\$0.00
Miscellaneous	\$0.00
Total Expenses	(\$177.77)

### Account Balances

Certificate of Deposit	\$1,058.80
Savings Account	\$2,383.90
Checking Account	\$2,605.93
<b>Accounts Total</b>	<b>\$6,048.63</b>

### '08 - '09 SAHS Board Officers

**Eileen Achorn** - President

207-712-1903 (cel), [Eileen.Achorn@utsa.edu](mailto:Eileen.Achorn@utsa.edu)

**Evelyn Penrod** - Vice President Programs

830-438-2290 (cel), [epenrod@gvtc.com](mailto:epenrod@gvtc.com)

**Rebecca Kary** - Secretary / Membership

210-200-8512, [karyrebecca@yahoo.com](mailto:karyrebecca@yahoo.com)

**Don Crites** - Treasurer

210-846-9019 or 671-0989, [drcrites@msn.com](mailto:drcrites@msn.com)

**Lyn Belisle** - Publicity / PR / Webmaster

210-826-6860, [belisle@satx.rr.com](mailto:belisle@satx.rr.com)

[lyn.belisle@trinity.edu](mailto:lyn.belisle@trinity.edu)

### CONTACTS

**Joe-Beth Kirkpatrick** – Newsletter (temp)

210-590-9744, [joby53@gmail.com](mailto:joby53@gmail.com)

**Need helpers - Hospitality**

**Patty Wilson** - T-shirts, Cookbooks

210-647-0838, [dwilson@satx.rr.com](mailto:dwilson@satx.rr.com)

**Robin Maymar** - Flyer Coordinator

210-494-6021, [frog23@texas.net](mailto:frog23@texas.net)

## Brian's January To-Do List for The Garden

Compiled by MG Brian D. Townsend

**PLEASE NOTE:** Most of the information shared here was obtained from Research-based sources (see contributor acknowledgments below), and from individuals who are considered very knowledgeable on a particular subject. While some little tidbits here may be of interest, they should be taken "with-a-grain-of-salt".



*When the world wearies, and society ceases to satisfy, there is always the garden.*

### **1st WEEK:**

Protect tender plants with covers or mulch when freezes are forecast. Remember that plastic and/or cloth over a plant or a greenhouse will heat up if the sun appears. Be prepared to open it up for ventilation. (\* Plastic directly against leaves in a freeze can actually conduct heat away and freeze-burn the leaves. - *me*)

Cut off the frozen tops of lantanas, firebush, poinciana, esperanza and other root-hardy plants and perennials at any time. If the brown foliage and stems don't bother you, leave them as cover, until early spring, for the base of the plant and for birds as foliage for shelter and to search out food.

Do not be too quick to toss plants that appear to be frost-damaged. If the cold was not severe, the stems might not be damaged.

Midwinter is a good time to plant fruit trees and pecans. If you are in heavy clay soil, use an 8' x 8' raised bed for fruit trees. If you have enough room for a pecan, consider the Pawnee variety. It matures early, has aphid resistance and makes an attractive tree.

### **In Our Herb Garden:**

Plan spring herb garden, consider location, space, size, shape, sun, and plant groupings. \* Plan companion planting. \* Review seed catalogs and visit with herb growers as to new varieties and then order seeds. \* Keep in mind as you read and plan that many herb books, and even seed packets, are written for growing conditions other than ours (we are zone 8b, and we even have our own microclimates). \* Start seeds of perennials and later annuals in a cold frame or greenhouse. \* Temperature extremes (abnormally high day/night, then a hard freeze blow in) during winter months may cause new growth for perennials and resultant freezing. Mulch should help protect plants. Wait until the ground warms to remove frost victims. \* Spruce up the garden. Remove fall debris (and compost it). - *HERBS: A Resource Guide for San Antonio*

### **2nd WEEK:**

Order seeds for spring vegetable and flower gardens.

Prepare garden beds for spring planting by working in organic matter. Prune, or clean out perennials killed or damaged by frost. Now is a great time to build walkways and retaining walls.

### **3rd WEEK:**

Go after "Christmas tree" mulch at the Bitters Rd. Brush Site. Be sure to take a tarp to cover the load!

Start tomatoes, peppers and warm-weather seeds now so they will be ready for 1 gal. or larger containers in early March.

### **4th WEEK:**

Finalize your vegetable garden design in preparation for planting next month. Consider adding drip or soaker irrigation for more efficient watering. Work compost or manure into beds in preparation for spring vegetable planting. - *EO*

*Thanks to MG Brian Townsend for this monthly article. Brian has culled this information from the wisdom of a number of local and regional gardening experts, plus our own HERBS: A Resource Guide for San Antonio.*

## **Hearty Handshakes to....**

### Eileen Achorn

for her persistence in 1) putting together a timeline of programs & list of Boards over the years and 2) tracking down and gathering up most of the SAHS' inventory items, getting them inventoried and centrally stored. Thanks!!

## **DISCLAIMER**

*Information presented in this newsletter and at the SAHS meetings is for educational purposes only. It is not intended to diagnose, treat, or replace the advice of a health professional. Herbal formulas are given for reference purposes only and a person may have a reaction to any herbal product even though it is not a toxic substance.*

## **SIG-nificant Events**

### **Herbal Crafts SIG:**

Join us for our first meeting of the New Year! We will have a brainstorming session and select our topics and activities for the year. If you are interested in joining us, you must let Rebecca know, even if you can't attend the first meeting. Come with your ideas, wishes, and a dish to share. The hostess will supply hot beverages. Saturday, January 10, 2009

10 a.m. – 12 noon

Contact Rebecca Kary for details:

[karyrebecca@yahoo.com](mailto:karyrebecca@yahoo.com) (210) 200-8512

### **Newcomer SIG**

First meeting set for January 10th at 10am at Eileen Achorn's home. If you have a special interest, this is the place to be! Contact info on page 5.

### **Healthy Living with Herbs SIG**

First meeting of 2009 will be an planning session. This group will be contacting those members who indicated a primary interest back in November during the SIG presentation meeting.

## The Herb Garden at the San Antonio Botanical Gardens

The dogs were lying on their backs in the early morning sun, and the chickadees and sparrows were ravaging the fresh bird food. I eyed that sunny spot near the pond, perfect for an early morning escape with a good book - but NO! Leaving the peaceful retreat of our house to work in the SA Botanical Garden's Herb Garden was not easy this mild December morning. And there is soooo.. much to do in my wild flower beds...

New member, Jan Conwell, and Evelyn Penrod were already getting their hands dirty as Mary McClendon and I reached our plot beside the Cottage Garden. The Herb Garden looks good this time of year; not many weeds, and the plants which we put in a few months ago bushy and prosperous. Charlie, regular Monday volunteer, brought us some big tubs, and we got down to seriously weeding out any undesirables amongst our herbs. We were joined by Helga Anderson, Joe-Beth Kirkpatrick, and later, Lenore Miranda, as usual in full motorcycle gear. In between weeding the talk was of how to cook venison stew, what is angelica, why the myrtle should be donated to the Sacred Garden, is cotton a herb and the advantage of flat-leaf parsely over curly-leaf parsely. The usual stuff. Later on, as we were deciding whether or not to go eat lunch, our contact in the Botanical Garden, horticulturist Brad Wier, came by and gave us the go-ahead to get the ripening papaya in the neighboring bed, which we'd been eying. We came out loaded with papayas and headed straight for La Madeleine.

Thank you to all of you who came out this morning, December 29! If you had as much fun as I had in the Herb Garden, then...

Almost forgot to mention: one of the horticulturists who works at the Botanical Garden came over to ask some questions about planting a new herb garden at her house. Now, if THAT isn't a feather in the cap of the SAHS. We did have the answers.

Our next date to weed and gloat will be January 26th, 9.30 - 10.30 am with the option of lunch or a walk around the Botanical Garden afterwards. The last Monday of the month, always the last Monday. And, now, for those flower beds in my front yard...

-Jane McDaniel



*Here's January's weedin' crew ~  
just before the gloat session.*

## Memories by Members of SAHS

Jenny Perkins - 10 yr Star: said her memories of SAHS are ongoing because her friendships with its members are ongoing.

Diane Lewis - 10 yr Star: listed relationships, learning from one another, board membership as a way to be involved, and the creativity of banquets

Mary Dunford told the story of how the SAHS began, citing 'that group...trying to put an herb society together without her'. She remembered the support from members through a personally crazy time.

Barbara Scribner told about a rainy field trip through Judy Dunn's herb gardens, and of a friend's two lessons never forgotten: 1 - how to brail her lipstick, and 2 - to tell everyone about herbs.

Jane McDaniel said fifteen years ago, she joined for the food and the fellowship and has been satisfied on both counts. She encouraged us to face our challenges, thanked those who'd stood up for (and to) her, remembered the Garden for the Blind and S.A. Botanical Herb Garden, plus declared the SAHS to be the most environmentally aware garden club around.

Lorna Dressler has enjoyed the King William parade. She says you just "...feel adored..."

Anne Morris remembered Jackie Compere's creation of the "Herbs in Everyday Living" learning table. Among her best memories were Mark Blumenthal as a guest speaker, and the success of "Ed's Gardening Minute".

Frankie Campbell told how she first mixed up SAHS with the rose society (and that they know nothing of herbs). She loved the parade and the hats, and still believes that our use of herbs makes us stronger.

Carol-lee Fisher spoke of her move from CA, and how shocked she was at the ease of meeting new people and making friends within the SAHS - they make her "heart sing". She thanked several members for the ongoing network of friendship and support.

Rebecca Kary was grateful for the friendships and learning she's gotten through SAHS, and the chance to begin a new SIG when everything else was full.

Eileen Achorn joined in 1996 and after two months was president! She told the story of how SAHS members' ginger harvesting efforts indirectly resulted in the feeding of many hungry cats.

\*one side note: Jan Conwell attended this banquet as her first meeting, spent a memorable time, sampled delicious food, helped write this column and discovered treasure in SAHS.

**Business Members**

We thank our business members for their support. When you patronize their businesses, be sure to mention your SAHS membership.

**Bible Gardens of San Antonio**  
**Aida & David Sanchez**  
 1602 Dawnridge  
 San Antonio, TX 78213  
 (210) 341-6987

**Diane R. Lewis, B.S. & A.A.S.**  
 Herb, Cooking, & Gardening Classes/  
 Landscape Design  
 Longaberger Basket & Pottery  
 Consultant  
 (210) 495-6116  
[drl designs@swbell.net](mailto:drl designs@swbell.net)  
[www.communityed.neisd.net](http://www.communityed.neisd.net)  
[www.longaberger.com/DianeLewis](http://www.longaberger.com/DianeLewis)

**Florame Aromatherapie**  
*(20% off to SAHS members)*  
 4400 Broadway Ste. 105 SAT 78260  
 (210) 821-4100  
[info@usa-florame.com](mailto:info@usa-florame.com)  
[www.florame.com](http://www.florame.com)

**In Home Senior Care**  
 Greg & Jinnie Perkins  
 5805 Callaghan Rd. Ste. 205 SAT 78228  
 (210) 256-2273  
[www.inhomeseniorcare.net](http://www.inhomeseniorcare.net)

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