



Romantic Essential Oils featured at SAHS February Meeting

Essential Oils are so much more than pleasant aromas. Did you know essential oils have properties that affect us not only physically, but mentally, emotionally and even spiritually? Throughout history, oils from herbs and other plants have been used to express romantic feelings. Learn how you can use the oils in your own custom blends at the February 14th meeting of the San Antonio Herb Society.



Jean Dukes, Certified Aromatherapist, will present a basic introduction to essential oils focusing on fragrances used to uplift, refresh, create a romantic atmosphere, and kindle (or rekindle) the spark in your love life. Discover how the art and bring magic into your life and enhance your sense of happiness and well-being.



The meeting is on Thursday, February 14, 2008. The program will begin at 7:00 (with refreshments served beginning at 6:30) at the San Antonio Garden Center, located on the corner of Funston and N. New Braunfels. The meeting is free and open to the public. For more information, check out our web site at www.sanantonioherbs.org.